

# 2019 Open Enrollment



Open enrollment for the April 1, 2019 plan year starts this week and we are excited to announce that the JDC Health Plan is running extremely well. As a result of **your** efforts to take ACTION with your health, making better decisions with healthcare and the use of the **Achieve Wellness Clinic**, we are continuing to manage health care costs and this helps control your premiums each year.

## What is changing this year:

- Improved access to the Achieve Wellness clinic **for employees that choose to participate in the wellness program**
- New medical ID cards will be sent to all participants this year
- Telemedicine will be available at no cost to you!
- Dental, Vision, Long-Term Disability and Voluntary Term Life will be with Cigna and you will have one customer service phone number for all lines of coverage! Look for **reduced costs** on most of these this year.
- Guaranteed Issue amounts of Voluntary Term Life and AD&D for you, your spouse and your children this year during Open Enrollment! **\$10,000 benefit for all of your children for only \$1.87/month!**
- Voluntary Long Term Disability is also guaranteed entry during Open Enrollment this year.

## What is staying the same:

- No changes to your weekly cost for medical!
- Medical to continue with the Cigna network – Note that you **will receive a new ID card this year**
- Voluntary Supplemental Insurance will remain with Colonial Life

## What's next:

On site enrollers will be here at JDC to meet with each person and to help you make decisions on your plan choices. **Please see attached enrollment schedule.**

As part of the Affordable Care Act (aka “Obamacare”) you are **required to sign off** on your choices for the plan, even if you are waiving coverage. **It is MANDATORY that you either meet with an enroller on your scheduled day or that you access the system to self-enroll.**

## What to bring with you:

When meeting with an enroller, please have the following information for you and your dependents:

- Social Security Number (for everyone enrolling)
- Date of Birth
- Home address

## Thank you!

**Your** efforts at maintaining **your** health and the health of **your** families is what controls **YOUR** costs best. You’ve done a great job at this in 2018, but there is more work to be done. JDC will provide you with the tools and resources you and your families need to get healthy and remain healthy. The **Achieve Wellness Clinic** is your best resource for this. The clinic is provided at NO EXPENSE to you or your family. It’s convenient and it reduces your costs year over year. We have many stories of JDC people who have improved their health by going to the clinic.

## Questions

Please direct any questions or concerns to: [benefits@jr-davis.com](mailto:benefits@jr-davis.com) and/or Dalimar Rivera at 407.870.0066.